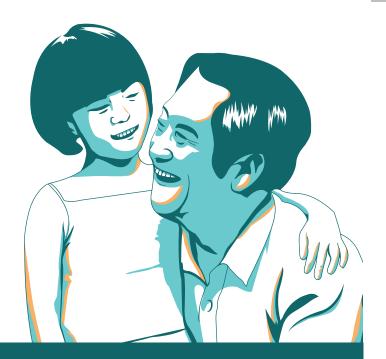# Let's Bump Up The Boosters!

Did you know that even if you've been fully vaccinated against COVID-19 (two doses), your protection against the virus may decrease over time? That's why doctors and the CDC are recommending everyone ages 5 and over receive their booster shot, about five months after their initial series of vaccinations.
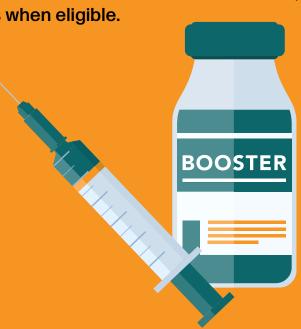
Why Boost?

COVID-19 vaccine boosters can further enhance or restore protection that might have decreased over time after your primary vaccination series. People are protected best from severe COVID-19 illness when they stay up to date with their COVID-19 vaccines, which includes getting all recommended boosters when eligible.

Why Boost?

COVID-19 vaccine boosters can further enhance or restore protection that might have decreased over time after your primary vaccination series. People are protected best from severe COVID-19 illness when they stay up to date with their COVID-19 vaccines, which includes getting all recommended boosters when eligible.

BOOSTER

Why Boost?

In addition to all adults, children ages 5-11 should get their COVID-19 booster shot. Adults 50+ and those with compromised immune systems are also eligible for a second booster. Check with your doctor or healthcare provider about eligibility for second booster doses.

OUR HUMANITY
A COVID-19 Health Literacy Project

For help scheduling your booster shot appointment, visit **www.ourhumanitybernalillo.org** or call **(505) 295-5650**.